

The Beatitudes: The Hungry

B.L.A.S.T. - December 2009 - Journal Sheet

Please complete and bring to January B.L.A.S.T.

Matthew 5:6 "Blessed are those who hunger and thirst for righteousness, for they will be filled."

~ If Jesus is not Lord of our life, or if we have un-confessed sin in our heart, then we have an emptiness inside. ~

>> Is there un-confessed sin in your life that is hindering your relationship with God?

~ The emptiness can only be filled by God, not by things, money, food or friends. ~

>> Read John 4:5-26. What did the Samaritan woman try to fill her emptiness with? _____

>> What was Jesus offering the woman?

>> We were born with a desire to seek God, whether we realize that is what the desire is for or not. Is there something that you have been trying to fill the desire with (popularity, friends, money, etc.)?

~These things may relieve the empty feeling for a short time, but never will they satisfy the craving for Jesus.~

In our small groups, we talked about how, if you seek and hunger to be right before God, then He will satisfy your desire, and we also mentioned some helpful ways.

- When is a time this month that you can spend seeking God in His Word?
- When is a time that you can spend talking to God, other than just praying at meals for your food? ☺ Don't forget to take time listening too!
- Did you ask God to reveal Himself to you during the day so that you would see Him working in your situations? If so, what did you see Him do, big or small?